

# Twin Cities T'ai-Chi Ch'uan Studio



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## Staff

Ray Hayward, Chief Instructor  
Paul Abdella, Senior Instructor  
Kim Hayward, Business Manager

## Board of Directors

Rondi Atkin, Chairman  
Sharon Nyberg, Vice Chairman  
Ralph Jerndal, Secretary  
Dennis Kelly, Treasurer  
Tom Hautman  
Rich Palmer  
Anita Ryan

The Twin Cities T'ai-Chi Ch'uan Studio is holding a fundraising event on Saturday, June 5<sup>th</sup>, which includes a silent auction and entertainment. We would be grateful if you would consider donating an item for the auction or a gift certificate for a raffle.

Twin Cities T'ai-Chi Ch'uan Studio is a not-for-profit 501(c)3 corporation, and, as you may know, T'ai-chi has been cited in numerous studies and medical journals, including the Mayo Clinic, as a beneficial practice for lowering blood pressure and increasing cardio-vascular fitness, reducing anxiety and depression, as well as improving balance, flexibility, and muscle strength. As a not-for-profit, we are committed to keeping our fees as low as possible as well as subsidizing members who practice for their health but who could not otherwise afford it.

We are coming to you because some of our Studio members are your customers and have suggested that your business or service be invited to take part in our event. Also, we are confident that our members would benefit from knowing more about your business.

If you are able to donate an item or service for our June 5<sup>th</sup> fundraiser, we have enclosed a donation form for collecting the details of your donation. Please fill it out and return it no later than May 1<sup>st</sup>, so it may be listed in our auction catalogue. Or, if you prefer, a PDF version of the form can be found on our website: [tctaihi.org](http://tctaihi.org). You can fill it out online and email it to us. Also, you will receive a letter after the event that can be used for tax purposes.

Your donation will be a welcome and wonderful addition to our fundraising effort. Without the generosity of businesses and individuals like you, the success of our event would not be possible. And remember, your donation will allow us to help others maintain good health and calm minds.

Sincerely,

Fundraising Committee  
Twin Cities T'ai-Chi Ch'uan Studio